

# Town Council Grant Scheme

## Application form

Name of group:	Next Steps Mental Health Resource Centre
Main group contact: (full name and title)	Mr Mike Dixon
Position in group	Service Manager
Address	7 Church Street, Norton, Malton YO17 9HP
Telephone	01653 690854
Email	post@nextstepsryedale.co.uk
Provide a <ul style="list-style-type: none"> <li>• detailed description of the project</li> <li>• evidence of the need for your project,</li> <li>• and show who will benefit from it</li> </ul>	<p>Next Steps provides services to adults with mental health problems in Ryedale. Our base is in Norton, Malton and in order to provide support across Ryedale, for those who cannot travel to Norton, we run outreach groups.</p> <p>One of those outreach groups takes place in Kirkbymoorside. Every Saturday morning a small group meet in the Old Meeting House on West End, to support each other and find times to discuss their issues. This is a long running service for the people of Kirkbymoorside. The group is fairly small, with a regular membership of 4 or 5 but provides an invaluable service to those who attend.</p> <p>We are requesting support from the Town Council in order to maintain this service for the people of Kirkbymoorside who currently attend and those who may wish to attend in the coming year. We are seeing an increase in the need for our services during this difficult economic period and it is of vital importance that the group can keep running. People are experiencing higher levels of anxiety and depression and are looking for additional support. It is of great benefit that we can offer this weekly support to people without having to travel outside of the local community, incurring expensive travel costs.</p> <p>The group is facilitated by a member, with support from the Service Manager. The facilitator is paid on the permitted work scheme and receives a modest wage.</p>

What are the full costs of the project (including VAT if applicable)	Facilitator - £1,040 Room hire - £520 Manager support - £300  Total - £1,860 for 1 year support
Where is other funding from the project to come from? (Tell us the funder and the amount you expect from them)	Funder ..... £.....  Funder ..... £.....  Funder ..... £.....  Funder ..... £.....
Please tell us the stage at which your other applications are at, ie just applied, awaiting outcome of application or funding confirmed.	No other funding has currently been requested for this project
What contribution to these costs would you like from the Town Council?	£ 1,860.....
Is this contribution for a specific element of the project?	The complete project costs for 1 year.
What is the structure of your organisation?	Informal group <input type="checkbox"/> Registered charity <input checked="" type="checkbox"/> Other <input type="checkbox"/> Please give details below  ...Charity Number 1149932.....

### Supporting information checklist

Where relevant please ensure that the following documents are submitted with your application (accounts and bank statements must always be submitted).

	Tick to confirm enclosure
Group constitution or set of rules	√
Copy of the most recent/audited accounts	√
Evidence of planning permission (if necessary)	
Quotes for capital items and works over £500	
Three most recent bank account statements	√
Twelve month forward plan: activities and finance (applications £5,000 and under)	√
Business plan for the next three years (applications over £5,000)	

*Please return to:*

Lisa Bolland, Kirkbymoorside Town Council  
Town Clerk, The Shambles, Crown Square  
KIRKBYMOORSIDE YO62 6AY

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