

Next Steps Mental Health Resource Centre

(A Company limited by guarantee)
(Charity Registration Number 1149932)
(Registered Company Number 07570609)

Annual Report & Financial Statements for the year ended 31st March 2019

Tracy Bramley A CMA,
Charity Accounts Preparation &

Independent Examination
Next Steps Mental Health Resource Centre

(A Company Charity limited by guarantee)

Content

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Index Page

Directors
(Trustees
) Annual
Report 1

Independent
Examiners
Report 5

Statement of
Financial
Activities
6

Balance
Sheet 7

Notes to
the
Accounts
8

Directors' Report (incorporating the Trustees' Annual Report)

For the year ended:

31st March 2019

The Board of Trustees, who are also the directors of the charity for the purposes of company law, present their annual report and financial statements for the year ended 31st March 2019.

Objectives and activities

Summary of the objects of the charity set out in its governing document

The support of persons within Ryedale who have, or have previously experienced mental health issues and carers of such persons, in particular, but without limitations by the provision of resource centres offering assistance, support and information to such persons by outreach projects and activities.

Next Steps was set up in 2001 to help local people with mental health problems. The charity is managed by mental health professional Leisa Burniston, who has over 22 years experience in mental health and social care settings. Next Steps supports people with mental health problems in Ryedale by providing a drop-in centre, activities and outreach groups in Kirkbymoorside and Pickering. The charity is a user-led organisation and works closely with GPs and the Community Mental Health Teams to ensure that people who are affected by mental health are supported. The ultimate aim is to develop self-confidence for members, improve their work prospects and access to statutory services, help support positive family relationships and prevent loneliness and isolation.

Public Benefit

The trustees have had due regard to guidance published by the Charity Commission on public benefit.

Chairman's Statement

I am very pleased to report on the Accounts of Next Steps for the financial year ending 31st March 2019 which shows a significant operational surplus for the period and allowed the Trustees to start a new building reserve in the sum of £20,000. With the growing number of service users and activities, the Charities existing location is bursting at the seams and the Trustees wish to own their own property, as opposed to leasing, so as to, create more permanency of the Charity. The financial success was matched again operationally, with Next Steps expanding its services into the rural areas of Ryedale whilst improving its existing services in Norton, Pickering and Kirkbymoorside.

Next Steps continues to grow and raise its standards in providing support to its ever increasing number of service users, and in providing additional services and activities for service users to participate in. Under the guidance of its Service Manager, Leisa Burniston, the Organisation continues to be proactive in meeting the changing demands of service users and the local community. To Leisa and her dedicated small number of staff I would like to express my sincere appreciation for their dedication to work in sometimes difficult circumstances.

The development of Next Steps continues with its Big Lottery funding to expand into the rural areas of Ryedale and its periphery. In January 2019, Through its work with our allotment volunteers, Next Steps was awarded a threeyear contract with The Cornfields Flower Project which was funded by the Lottery Heritage Fund and East Riding of Yorkshire County Council, and which seeks to protect certain wil&flowers from being extinct. In September 2018, and in partnership with Whitby, Scarborough and Ryedale Disability Action Group, Next Steps provided a weekly Benefits Advisor to support its many service users with financial issues.

Next Steps relies on funding for its core services and additional projects from North Yorkshire County Council, the Clinical Commissioning Group for Scarborough and Ryedale, and numerous funding organisations and trusts listed later in these Accounts. We are fortunate also to have the support of local community organisations such as Town Councils, Lions Clubs, Rotary Clubs and local churches. Without their support both financially and in resources, it would be very difficult to continue as we are. On behalf of Next Steps I would like to publicly thank them all for their ongoing support and/or one off donations. Although we have secured

Lottery Funding for the next three years, that funding does not include for our significant core costs and for any additional projects. These have to be annually sourced for Next Steps to continue as they do.

Next Steps exists to make a positive difference to peoples' lives, especially those with some form of mental health issue, those that are lonely and/or isolated, and the carers of such people. As Chairman of this Organisation I can see at first hand the difference it makes to peoples' lives and that is why all the Trustees and our large team of unpaid Volunteers give so readily of their time. Without the input and support of our volunteers and trustees, Next Steps could not function and develop as it does. To all of them I give my very sincere thanks for their hard work and support over the past twelve months.

In September 2018 Next Steps was awarded The Queens Award for Volunteering. This is a tremendous honour for the Organisation and for all its volunteers, trustees and staff, because this award was achieved for their dedicated service to Next Steps and to all its service users.

I very much look forward to the next financial year knowing that Next Steps has a very dedicated team that will deliver excellent support and services not only to existing service users but to new ones in the vast rural area of Ryedale, and to support our community partners in any way we can.

Achievements and performance

Summary of the main achievements of the charity during the year

During the year the charity ran a drop in centre in Norton, with additional weekly drop in centres held in Pickering and Kirkbymoorside. Norton Café is open every day except two per month, with various activity groups for the benefit of its members.

We are holding 'pop ups' throughout Ryedale including, Wintringham, Sherburn, Thornton le Dale and more through the Library's and GP Surgeries.

We also have a Mobile Support Worker who is providing a much needed service to people throughout Ryedale which helps with benefits and general support.

Financial Review

The results for the year ending 31st March 2019 show an overall surplus in year of £16,816; comprising a surplus of £23,091 on unrestricted funds and a deficit of £6,275 on restricted funds. The unrestricted surplus in year reflects the continued high level of donations including the first gift aid reclaim and the benefit of sharing more of the general overhead costs with the new restricted projects.

The deficit shown on restricted funds reflects the spending this year of funds received in the previous year. The restricted funding grants are listed in the note 13 to the accounts, 'Movement of Funds'. No project funds are in deficit at the year end and the surplus balances are planned to be spent in the forthcoming year.

After transfers, the level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £16,191 at 31st March 2019. The charity aims to hold in the unrestricted general fund approximately one quarter of the annual projected expenditure for the forthcoming year. In addition to the £30,000 wind down and redundancy provision established last year, the trustees have decided to set aside £20,000 in a new designated fund for a new building, bringing the cumulative designated reserves to £50,000.

The trustees are confident that the charity is a going concern and has projected a surplus budget going forward for the forthcoming year.

Plans for the future

Under the guidance of the Service Manager, Leisa Burniston, the charity continues to develop additional services and facilities at its Norton base and outreach centres. This will continue and expand further to the

rural and remote areas of the Ryedale District supported by the five year Big Lottery grant which commenced November 2016.

Structure, governance and management

Governing Document Memorandum and Articles of Association
 How the charity is constituted Charity, Company limited by guarantee
 Trustee selection methods Elected by Members
 Trustees are selected from service users and local professionals. Nominated trustees are proposed and seconded by the members and trustees of the charity.
 All Trustees shall retire from office together at the end of the annual general meeting next, after the date on which they came into office, but they may be re-elected or re-appointed.

Reference and Administration details

Charity name Source Centre
 Other names the charity is known by Next Steps Mental Health
 Registered Charity number Next Steps
 Registered Company number 1149932
 Charity's principal address (& registered office) 07570609 (England and Wales)
 7 Church Street
 Norton
 Malton
 Independent Examiner Y017 9HP
 Tracy Bramley ACMA CGMA
 Orchard House Accounting
 Orchard House
 72 Low Moorgate
 Rillington, Malton
 Bankers: Y017 8JW Barclays Bank plc
 23 Yorkersgate
 Malton
 North Yorkshire
 Y017 7AE
 CAF Bank Ltd
 25 Kings Hill Avenue
 Kings Hill
 West Malling, Kent
 ME-19 4JQ

Names of the Directors (Trustees) who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
A G Evans	Chair		
A Duncan	Vice-Chair		
V Worrall	Treasurer		
D E Keal			
G M Payne			

D Whitling K
T Axelby
S Miller
D Brewster
J Castleton
J Storrs-Fox
V Nicholson Resigned 28/11/18 A Wilson Resigned 1 1/09/18
Service Manager and Company Secretary
L Burniston

Trustee's responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Next Steps Mental Health Resource Centre for the purposes of company law) are responsible for preparing a trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for the year. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue on that basis.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information

In accordance with company law, as the company's directors, each of the Board of Trustees certify that so far

- There is no relevant information of which the charity's Independent Examiner is unaware;
- As directors of the company, they have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet)

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

A handwritten signature in black ink, appearing to read 'A G Evans', written over a horizontal dotted line.

A G Evans, Chair

Date 8) '01 '19

Centre
Independent Examiner's Report

I report on the accounts of: Next Steps Mental Health Resource for the year ended 31st March 2019 which are set out on pages 6 to 15.

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the "2011 Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1) which gives me reasonable cause to believe that in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mental Health Resource Centre
Registration



Date: (c/ 10/201 q

Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House
72 Low Moorgate
Rillington
Malton

Next Steps Mental Health
(Charity Registration)

90,402	110,996	201,398	195,900
1,706		1,706	
65,605	117,271	182,876	154,758
67,311	117,271	184,582	154,758

Statement of Financial Activities for the year ended: 31st March 2019
(incorporating Income & Expenditure account)

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2019	Total 2018
Income and endowments from:						
Donations and legacies	3.1	16,120			16,120	28,610
Charitable activities	3.2	65,758		110,996	176,754	154,112
Other trading activities	3.3	8,417			8,417	13,150
Investments	3.4	107			107	28
Total income	3					
Expenditure on:						
Raising funds	4.1					
Charitable activities	4.2					
Total expenditure	4					

	Resource Centre				
	Number 1149932)				
Net income/(expenditure)	23,091		(6,275)	16,816	41,142
Transfers between funds	(20,000)	20,000			
Net movement in funds	3,091	20,000	(6,275)	16,816	41,142
Total funds brought forward	13,100	30,000	10,328	53,428	12,286
Total funds carried forward	16,191	50,000	4,053	70,244	53,428

Mental Health Resource Centre
Registration
Next Steps
(Charity Number 1149932)

Balance Sheet as at: 31st March 2019

	Note	2019	2018
Fixed Assets			
Tangible assets	8	-	-
Total Fixed Assets			
Current Assets			
Debtors	9	1,949	744
Cash at bank and in hand	10	113,168	103,022
Total Current Assets		115,117	103,766
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	(44,873)	(50,338)
Net Current Assets/(Liabilities)		70,244	53,428
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals	11		
Net Assets/(Liabilities)		70,244	53,428
Funds of the Charity	13		
Unrestricted Funds - General		16,191	13,100
Unrestricted Funds - Designated		50,000	30,000
Restricted Funds		4,053	10,328
Total Funds Carried Forward	13	70,244	53,428

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

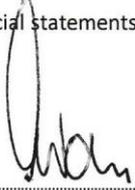
i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Resource Centre

Number 1149932)

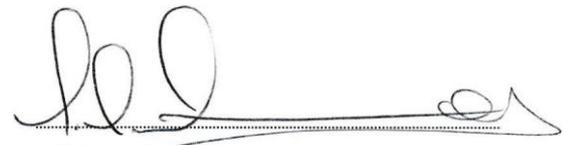
The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Statement of Recommended Practice; the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements were approved by the trustees on 25



.....//q

A G Evans
Chair 8/10/19
8-10-19



V Worrall

Treasurer

q and signed on their behalf by:

Date

Date

Notes to the accounts

for the year ended: 31st March 2019

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102); the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when.

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation. The charity registered for gift aid in 2017/18.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

Next Steps

(Charity

Number 1149932)

Notes to

for the year ended:

31st March 2019

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The charity made no redundancy payments during the reporting period.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £500 each. They are valued at cost. Depreciation is provided at the following annual rates in order to write off the cost less estimated residual value of each asset over its estimated useful life.

Plant and machinery etc - 50% on cost

One exception to this is the purchase of the new cooker for which the full cost is shown in year to match the restricted grant received.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
3.1 Donations and legacies						
<u>Voluntary Income - grants</u>						
Holbeck Charitable Trust	1,500		1,500			
General grants	700		700			
<u>Voluntary Income - donations</u>						
Donations	10,433		10,433	12,894	131	13,025
Gift Aid reclaim	1,519		1,519			
Members' contributions	1,968		1,968	585		585
<u>Voluntary Income - legacies</u>						
Alan Smith Legacy				15,000		15,000

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

31st March 2019

3 Income and endowments	16,120	-	16,120	28,479	131	28,610
					66,889	20,031
					3,259	10,508
3.2 Charitable activities						
<u>Resource Centres and Cafés</u>						
NYCC - Resource Centre* 18,350 18,350 NHS Scarborough & Ryedale CCG*				20,031	100	66,889
7,009 7,009 The Kirkbymoorside Foundation 1,532 1,532				10,508	1,000	3,259
East Riding of Yorkshire Council*		834	834		1,700	
Malton Town Council*		175	175		1,600	1
Big Lottery Fund - Resource Centre grant		67,992	67,992		4,894	,000
Big Lottery Fund - Support Worker grant		6,516	6,516		394	100
Ryedale District Council*		750	750			1
Norton Town Council*		1,000	1,000	1,000		,000
Ryedale Lions						1
Pickering Town Council*		1,000	1,000			,040
Kirkby Town Council*		1,560	1,560			1,700
George Martin - Handbags & Hammers						1
NY Police* - Handbags & Hammers						,600
Wilfred Jackson						4,894
Lloyds Bank 23,556 23,556 Barclays Bank 997 997 Sir George				1,000		394
Martin 780 780						1,000
Allen Lane Foundation		1,893	1,893			
Brelms Trust		625	625			
Heritage Lottery Fund		2,783	2,783	4,163		4,163
Beneficiary holidays & trips	334		334	180		180
Sundry income	77		77	30,577		30,577
Café sales - Norton 30,957 30,957 Café				4,623		4,623
sales - Pickering 5,912 5,912 Café sales				796		796
- Kirkby 1,070 1,070 Café sales - Rural 1,052 1,052				358		358
				73,236	80,876	154,112
3.3 Other trading activities						
Fundraising events	3,551		3,551	4,364		4,364
Room rental	4,866		4,866	8,786		8,786
	8,417	-	8,417	8,417	13,150	13,150
3.4 Investments						
Bank interest received	107		107	28		28
	65,758	110,996	176,754			

Next Steps Mental Health Resource Centre (Charity Registration Number 1149932)

Notes to the accounts for the year ended:

	<u>107</u>	<u>-</u>	<u>107</u>			
				107	107	
	<u>28</u>	<u>-</u>	<u>28</u>			
				28	28	
Total income	90,402	110,996	201,398	114,893	81,007	195,900

* denotes government grants received this year, totalling £30,678 (2018: £35,179)

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932)

Notes to the accounts for the year ended:

31st March 2019

4 Expenditure

	56 <u>1,706</u>	-	58 <u>1,706</u>	-	-	-
Salaries	33,557	84,561	1 18,1 18	41,418	51 ,204	92,622
Recruitment		1 1	11	70	114	184
Training & CRB checks - staff & volunteers		2,159	2,159	240	807	1 ,047
Staff expenses/car allowance	329	2,367	2,696	225	3,031	3,256
Café equipment	1,767	1 ,532	3,299	886		886
Café consumables - Norton	13,503		13,503	14,160		14,160
Café consumables - Pickering	1 ,636		1 ,636	92	48	140
Café consumables - Kirkby	253		253	166		166
Café consumables - Rural cafes	26		26			
Direct project costs (transport/mileage)		4,278	4,278	486	3,659	4,145
Member activities & Christmas party	1,727	4, 192	5,919	1,150	2,698	3,848
Beneficiary holidays & trips	630		630	4,855	263	5,118
Office costs	2,052	2,550	4,602	2,381	1 ,353	3,734
Repairs & refurbishment	1 ,955		1,955	1 ,275	10	1 ,285
Rents	4,207	12,758	16,965	2,618	12,392	15,010
Utilities	1 ,925	2,257	4, 182	2,291	1 ,894	4,185
Insurance	1 ,092		1 ,092	1 ,237	20	1 ,257
Room hire		405	405		2,280	2,280
Professional fees	100	165	265	180		180
Management Accounting Services				463		463
Independent examination	650		650	650		650
Sundry	196	36	232	127	15	142
				74,970	79,788	154,758
				74,970	79,788	154,758
	Unrestricted funds	Restricted funds	Total 2019	Unrestricted funds	Restricted funds	Total 2018
4.1 Raising funds						
Fundraiser fees*	1 ,650		1,650			
Fundraiser costs						
4.2 Charitable activities						
<u>Resource Centres and Cafés</u>	65,605	117,271			182,876	
Total	67,311	117,271		expenditure 184,582		

Note re 4.1

* The fundraiser costs for 2017/18 were allocated through the payroll system

31st

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932)

Notes to the accounts for the year ended:		March 2019	
5 Fees for examination of the accounts		2019	2018
		£	£
Independent Examiner's fees for reporting on the accounts	650	650	
		2019	2018
6 Staff costs and emoluments			
Gross salaries		12,816	89,424
Employers National Insurance		2,719	,360
Pension costs (defined contribution scheme)		2,583	,838
		118,118	92,622
		10	9
Average number of employees (head count)			
No employee received remuneration in excess of £60,000 (2018: Nil)			
The total employee benefits of the key management personnel of the charity were £31 , 181 (2018: £28,799).			
7 Defined contribution pension scheme			
The charity operates a defined contribution pension scheme which commenced in November 2016. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £2,583 (2018: £1 ,838). There were no contributions outstanding at the end of the year.			
The employer pension cost is allocated between restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.			
8 Fixed assets		Plant & machinery etc	Total
Tangible fixed assets			
Cost or valuation			
At 1st April 2018		2,628	2,628
Additions in year			
Disposals in year			
At 31st March 2019		2,628	2,628
Depreciation			
At 1st April 2018			
Charge for the year		2,628	2,628
At 31st March 2019		2,628	2,628
Net Book Value		£	£
At 31st March 2019		-	-
		-	-
9 Debtors and prepayments			
Debtors and prepayments		2019	2018

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932) the accounts

March 2019

Trade debtors	140	340
Prepayments and accrued income	1,809	404
At 31st March 2018		
	1,949	744
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Cash at bank and in hand	Total	Total
	2019	2018
CAF Bank	65,472	88,558
Barclays Bank	47,696	14,464
Cash in hand		
	113,168	103,022
Creditors and accruals	2019	2018
Analysis of creditors falling due within one year		
Trade creditors	1,078	,843
Payments received on account for contracts or performance-related grants	43,145	47,075
Accruals	650	,420
Notes to		
for the year ended:		
31st		
	44,873	50,338
	<hr style="border-top: 3px double black;"/>	
	-	-
	-	-
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Analysis of creditors falling due after more than one year Other creditors

12 Operating lease commitments

The total lease charge recognised as an expense during the year was £10,000 (2018: £10,000). The charity is committed to the lease agreement until 17th October 2026, however there are break clauses every 3 years. The total future minimum lease payments are expected to be £10,000 as the charity has committed to stay until the next break clause in October 2020.

13 Movement of funds

13.1 Movement of major funds

2019 Fund name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance clfwd
Unrestricted funds (General)	13,100	90,402	67,311	(20,000)	16,191
	13,100	90,402	67,311	(20,000)	16,191
Designated funds	30,000			20,000	50,000
	30,000			20,000	50,000

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932)

Notes to the accounts for the year ended:

March 2019

-	1,532	1,932	-	-
10,328	110,996	117,271	-	4,053
53,428	201,398	184,582	-	70,244

Restricted Funds

Big Lottery Fund - Resource Centre	2,856	67,992	70,697	151
Big Lottery Fund - Support Worker grant	1,027	6,516	7,543	
Ryedale District Council		750		750
Morrisons Foundation	54		54	
Pickering Town Council	23	1,000	614	409
Kirkby Town Council	433	1,560	1,287	706
George Martin - Handbags & Hammers	1,285		1,285	
NY Police - Handbags & Hammers	240		240	
Wilfred Jackson	4,170		4,170	
Lloyds Bank	240	23,556	23,559	237
Allen Lane Foundation		1,893	1,893	
Brelms Trust		625	435	190
Cornfield Flowers Project		3,617	3,523	94
Malton Town Council		175	2	173
Norton Town Council		1,000	51	949
Sir George Martin		780	386	394
The Kirkbymoorside Foundation		1,532		

Total Funds

Next Steps Mental Health Resource Centre
(Charity Number 1149932)

the accounts

March 2019

31st

2018 Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds (General)					
General Unrestricted funds	3,177	114,893	74,970	(30,000)	13,100
	<u>3,177</u>	<u>114,893</u>	<u>74,970</u>	<u>(30,000)</u>	<u>13,100</u>
Designated funds					
30,000	<u>-</u>	<u>-</u>	<u>-</u>	<u>30,000</u>	<u>30,000</u>
30,000	<u>-</u>	<u>-</u>	<u>-</u>	<u>30,000</u>	<u>30,000</u>
				30,000	30,000
Restricted Funds					
NYCC - Out of Hours grant	1,250		1,250		
Big Lottery Fund - Resource Centre	2,936	66,889	66,969		2,856
Big Lottery Fund - Support Worker grant		3,259	2,232		1,027
Ryedale District Council	1,810		1,810		
Morrisons Foundation	3,001	131	3,078		54
Moss Foundation	112		112		
Ryedale Lions		100	100		
Pickering Town Council		1,000	977		23
Kirkby Town Council		1,040	607		433
George Martin - Handbags & Hammers		1,700	415		1,285
NY Police - Handbags & Hammers		1,600	1,360		240
Wilfred Jackson		4,894	724		4,170

Next Steps Mental Health Resource Centre

(Charity Registration Number 1149932)

Notes to the accounts for the year ended:

		March 2019			
Lloyds		-	334	134	240
		9,109	81,007	79,788	-
		12,286	195,900	154,758	-
Bank	394		154	240	
			81,007		

Total Funds

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Next Steps Mental Health Resource Centre.

Designated Funds

The designated fund has been set aside to cover the following;

- a wind down provision including redundancies £30,000
- a new building reserve £20,000

Restricted Funds

The restricted funds are to be used for the following purposes:

Funder	Restricted Use
NYCC - Out of Hours grant	Out of hours group
Big Lottery Fund grant	Increase current service delivery hours and expand services to rural and remote areas of Ryedale
Big Lottery Support Worker grant	Support Worker
Ryedale District Council	Pickering Outreach
Morrisons Foundation	Men in Sheds project
Moss Foundation	Kirkby group
Ryedale Lions	Men in Sheds project

Registration

Notes to the accounts for the year ended: 31st

13.2 Details of Funds Held continued....

Next Steps Mental Health Resource Centre
(Charity Number 1149932)

the accounts

March 2019

Funder	Restricted Use
Pickering Town Council	Pickering hub
Kirkby Town Council	Kirkbymoorside hub
George Martin	Craft group, Norton
North Yorkshire Police	Handbags & Hammers
Wilfred Jackson	Out of hours group
Lloyds Bank	Increased Skills Scheme
Allen Lane Foundation	Support Worker
Brelms Trust	Support Worker
Heritage Lottery Fund	Cornfield Flowers Project
Malton Town Council	Craft materials
Norton Town Council	Out of hours group
Sir George Martin	Craft Worker
The Kirkbymoorside Foundation Transfers	Café cooker

From	To	Reason	£ Amount
Unrestricted General funds	Designated funds	To set aside funds for a new building	20,000

14 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2019 (2018: None).

15 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2019	Total 2018
Balances at 31st March 2019					
Fixed assets					
Current assets	52,080	50,000	13,037	115,117	103,766
Current liabilities	(35,889)	-	(8,984)	(44,873)	(50,338)
Long term liabilities					
	16,191	50,000	4,053	70,244	53,428

16 Transactions with trustees and related parties

There was one trustee expense in the year for £225.00 (2018: £307.62).

There have been two related party transactions in the year; the purchase of a rotavator for £180 from V Castleton, husband of trustee J Castleton and the payment of £580 to trustee Alison Wilson under the permitted worker scheme. The latter subsequently resigning as trustee to continue on the scheme.

17 Control

In the opinion of the trustees, no one party controlled the company in the year.